



Sex and Relationship Education Policy

Cycle of Review	<ul style="list-style-type: none">• Statutory• As per policy review schedule agreed annually, but no more than 3 years from first last issue date• Date for review determined by FGB
Made Available to	<ul style="list-style-type: none">• Parents via School website:• Staff via Shared area on the Server• Governors
Policy in Brief: "In a Nutshell"	<ul style="list-style-type: none">• The policy is implemented across a range of curriculum activities• To prepare our pupils for puberty• To learn about the value of family life and stable loving relationships• To learn basic rules about keeping themselves safe and healthy

Definition

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health.

It has three main elements:

- * Attitudes and values
- * Personal and social skills
- * Knowledge and understanding.

Aims

The policy has the following aims and is implemented across a range of curriculum activities, through assemblies and within our Science Curriculum.

- To give pupils the confidence to talk, listen and think about relationships and feelings
- To provide our pupils with the knowledge and understanding about how their bodies work and change as they develop (Science, National Curriculum 2014)
- To prepare our pupils for puberty
- To develop pupils' skills for a healthier safer lifestyle
- To learn about the value of family life and stable loving relationships
- To enhance self-esteem, support their emotional development and construct a positive self-image

Learning Outcomes

Pupils in Key Stage One will be able to:

- Recognise and compare the main external parts of the bodies of humans
- Recognise similarities and differences between themselves and others and treat others with sensitivity
- Identify and share feelings with others
- Recognise safe and unsafe situations
- Identify and be able to talk to someone they trust
- Be aware that their feelings and actions have an impact on others
- Make a friend, talk with them and share feelings
- Use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk

Pupils will recognise:

- That animals, including humans, grow and reproduce
- That humans and animals can produce offspring and these grow into adults
- The basic rules for keeping themselves safe and healthy
- About safe places to play and safe people to be with
- Ways in which they are alike and different from others
- That they have some control over their actions and beliefs
- Ways in which families are special

Pupils in Key Stage Two will be able to:

- Express opinions, for example, about relationships and bullying
- Listen to and support others
- Respect other people's viewpoints, beliefs and lifestyles
- See things from other people's viewpoints, for example, their parents and their carers
- Recognise their changing emotions with friends and family and be able to express their feelings positively
- Identify adults they can trust and who they can ask for help
- Be self-confident in a wide range of new situations, such as seeking new friends
- Form opinions that they can articulate to a variety of audiences
- Recognise their own worth and identify positive things about themselves
- Discuss moral issues
- Listen to and support their friends and manage friendship problems
- Recognise and challenge stereotypes, for example, in relation to gender
- Recognise the pressure of unwanted physical contact and know ways of resisting it

Pupils will recognise:

- That the life processes common to humans and other animals include growth and reproduction
- About the main stages of human life
- That safe routines can stop the spread of viruses
- About the physical changes that take place at puberty, why they happen and how to manage them
- The many relationships in which they are involved
- Where individual families and groups can find help
- About keeping themselves safe
- That their actions have consequences and be able to anticipate the results of them
- About different forms of bullying people and the feelings of both bullies and victims
- Why being different can provoke bullying and know why this is unacceptable
- About and accept a wide range of different family arrangements

Establishing ground rules with the pupils

- No one (teacher or pupil) will have to answer a personal question
- No one will be forced to take part in a discussion
- Only the correct names for body parts will be used
- Meanings of words will be explained in a sensible and factual way

The Organisation of SRE:

SRE is coordinated by the Head Teacher.

It is taught mainly within the Science curriculum and within our PSHE programme.

Within KS2 the following Science topics are taught according to the National Curriculum: Living things and their habitats as well as Animals including Humans.

We follow this science topic work in PSHE during Year 5 with an opportunity to talk about any worries and concerns regarding puberty.

Withdrawal of Pupils from Sex and Relationship Education:

The School includes information on SRE in the School prospectus and full details are available on request. This includes information on the right to withdraw pupils from SRE.

Parents are informed about their child's work each term – this will include the delivery of SRE.

Pupils cannot be withdrawn from any part of SRE which falls within the statutory National Curriculum orders for Science but parents may request to withdraw their children from SRE within the PSHE curriculum.